

# TAGORE MEDICAL COLLEGE & HOSPITAL

Rathinamangalam, Melakkottaiyur Post, Chennai - 600127.

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(Affiliated to the Tamil Nadu Dr.MGR Medical University & Recognized by the Ministry of Health & Family welfare. Govt. of India New Delhi)

PROGRAM / EVENT REPORT	
Name of the program	PORKALAM 2024
Date and Time	29.4.2024 – 2.5.2024
Venue	TAGORE SPORTS VILLAGE
Target audience	MBBS STUDENTS
Number of Participants	100
Program Organised by	CRMI 2018 BATCH
Resource person	
Objective of the Program	To let students actively participate in extra curricular activities like sports.

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## Detailed report of the program


### Porkalam '24 - Sports Tournament Report

The Porkalam '24 sports tournament was inaugurated by our Dean on April 29, 2024, at the volleyball court. The following events were held:

- **Men's Games:** Cricket, Football, Volleyball, Badminton, Table Tennis, Carrom, Chess
- **Women's Games:** Throwball, Kho-Kho, Badminton, Table Tennis, Carrom, Chess
- **Athletics:** Conducted for both men and women

The athletics events, along with badminton and table tennis, were held at the Tamil Nadu Physical Education and Sports University, while the other games were conducted on our college campus. The overall championship of Porkalam '24 was awarded to the CRMI batch.

The valedictory function took place on May 2, 2024, in the main auditorium. Mr. G. Ajitesh, a player for TNPL Nellore Royal Kings and the Tamil Nadu Senior Cricket Team, served as the chief guest and presented prizes to the winners. The event was graced by Dr. M. Mala, Chairperson of the Tagore Group of Institutions; Mr. G. Manikandan, Secretary of the Tagore Group of Institutions; Dr. J. Muthukumar, Dean of Tagore Medical College & Hospital; and Dr. D.H. Gopalan, Vice Principal of Tagore Medical College & Hospital.

  
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## PORKALAM 2024 - PHOTOS



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## YOGA DAY CELEBRATION

- Report on 10th International Yoga Day 21st June 2024 International Yoga Day is observed every year on June 21 to raise awareness about this ancient practice and to celebrate the physical and spiritual prowess that yoga has brought to the world. Yoga is a practice which plays an important role in relaxing the mind and body and boosting people's immune system.
- 10th International Yoga Day was celebrated by the students and the faculty members Tagore Medical College and Hospital on 21st June 2024 with great eagerness and enthusiasm. The theme for international Yoga Day 2024 is '**Yoga for Self and Society**' and revolves around self-enlightenment. The program organized by Departments of Physiology, Physical Education and medical Education
- A CME on yoga and wellness was conducted to mark this event Mr.Nishanth Ravichandran, Managing Director of Tri2champ sports Pvt. Ltd and Dr.Prem Kumar, MD, Associate professor of Psychiatry, TMCH was the Chief Guest for the event. Various competitions were held and prizes were given.



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## KALINGA TOURNAMENT - STATE LEVEL

Kalinga - 2024 State level tournament was held on Melmaruvathur Adhiparasakthi Institute of medical science and Research; from 23.7.2024 to 26.7.2024. Were more the 30 colleges participated in our students have won the various sports and games.



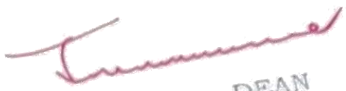
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## KALINGA TOURNAMENT - STATE LEVEL



### List of Winners:

S.NO	GAMES AND EVENTS	POSITION	NAME OF THE PLAYERS
1	CHESS GIRLS	RUNNER WITH CASH PRIZE (TROPHY)	HARINI – IIIYR
2	LONG JUMP	SECOND PRIZE WITH CASH PRIZE (SILVER MEDAL) THIRD PRIZE WITH CASH PRIZE (BRONZE MEDAL )	1.SUBASH –IV YR 2.STEPHAN –II YR
3	400Mts	SECOND PRIZE WITH CASH PRIZE (SILVER MEDAL)   DEAN TAGORE MEDICAL COLLEGE & HOSPITAL RATHINAMANGALAM, MELAKOTTAIYUR PO Chennai-600 127.	STEPHAN –II YR



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## SRI RAMACHANDRA MEDICAL COLLEGE TOURNAMENT - INTER MEDICAL TOURNAMENT

ALTIUS'24 Inter-Medical college tournament was held on Sri Ramachanra Medical Institution of Higher Education and Research; from 22.8.2024 to 25.8.2024. Were more the 20 colleges participated in our students have won the various sports and games.



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## SRI RAMACHANDRA MEDICAL COLLEGE TOURNAMENT - INTER MEDICAL TOURNAMENT



### List of Winners:

S.NO	GAMES AND EVENTS	POSITION	NAME OF THE PLAYERS
1	CARROM BOYS	WINNER WITH CASH PRIZE (TROPHY)	1. SUJEETH –CRMI 2. FAYAS -CRMI
2	LONG JUMP	FIRST PRIZE WITH CASH PRIZE (GOLD MEDAL )	STEPHAN –II YR
3	400Mts	SECOND PRIZE WITH CASH PRIZE (SILVER MEDAL)	STEPHAN –II YR
4	400X100Mts	SECOND PRIZE WITH CASH PRIZE (SILVER MEDAL)	1.SUBASH –IV YR 2. ARUNPRAKASH -III YR 3. STEPHAN – II YR 4. ELUMALAI – II YR

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## PROGRAM REPORT

Title of the program	AZURA 2023	
Date and Time	18/08/2023 & 19/08/2023	9.00 AM - 5:00 PM
Venue	TEMPORARY STAGE AT TMCH CAR PARKING AREA	
Target audience/Stakeholder	STUDENTS, FACULTY MEMBERS	
Number of Participants	500 APPROX	
Program/Event Organized by	STUDENT COUNCIL COMMITTEE	
Objective of the Program	To Encourage The Students To Participate In Various Extracurricular Activities And Provide A Platform To Exhibit their Talents	

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## Detailed report of the program

The annual cultural extravaganza, Azura 2023, held at Tagore Medical College and Hospital, proved to be a resounding success, showcasing the immense talent and creativity of the students. The event, organized by Zenolantz and students under the efficient supervision of the college management, unfolded on the 18th and 19th of August 2023.

The cultural fiesta was graced by the honorable presence of Dr. Mala, the esteemed chairperson, and Mr. Manikandan, the Secretary, whose support and guidance played a pivotal role in the seamless execution of the event. Adding prestige to the occasion was the presence of Mr. Arjun Das, a renowned Tamil film celebrity, who attended as the guest of honor. Their collective presence elevated the cultural celebration to new heights.

Azura 2023 presented a diverse array of activities that captivated the audience's attention. From soulful singing to mesmerizing dance performances and captivating instrumental displays, the event truly had something for everyone. The competitive events included adzap, adaptunes, movie spoof, cinephilia, fashion parade, band performances, rangoli, short film competition, dance face-off, group dance, solo singing, solo instrument, and channel surfing, providing a platform for participants to showcase their unique talents.

Approximately 500 students participated with great enthusiasm, putting forth their best performances. The atmosphere was charged with energy and excitement as students poured their hearts into their respective acts. The presence of distinguished guests and the active involvement of the audience created a memorable and remarkable ambiance, making Azura 2023 a standout event in the college calendar.

The competitive spirit was at its peak, and after a series of captivating performances, the overall winner for Azura 2023 was declared - Revellionz from the 2019 batch. Their outstanding performances across various events showcased not only their talent but also their dedication and commitment to excellence.

Azura 2023 was not just an event; it was a celebration of creativity, talent, and unity. The successful organization of this cultural extravaganza reflects the collaborative efforts of the students, faculty, and management. As the curtains closed on Azura 2023, it left behind memories of a vibrant and pulsating cultural celebration that will be cherished for years to come.

  
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## AZURA 23 - EVENTS FINAL LIST

### DAY - 1 ( ON-STAGE)

S.NO	NAME	TIMINGS	DURATION
1	INAUGURATION	9:00 am -9:45 am	45mins
2	TAMIL SPEECH	9:55 am - 10:35 am	40 mins
3	ADZAP	10:40am - 11:20 am	40 mins
4	ADAPTUNES	11:25am - 12:10pm	45 mins
5	MOVIE SPOOF	12:15 pm - 1:00pm	45 mins
LUNCH BREAK			
6	CINEPHILIA	1:35 pm - 2:20pm	45 mins
7	FASHION PARADE	2:30 pm - 3:30 pm	60 mins
8	BAND	3:30 pm - 5:00 pm	1:30 mins

### DAY - 1 ( OFF-STAGE)


S.NO	NAME	TIMINGS	DURATION
1	RANGOLI	7:00am -8:00 am	60 mins
2	FIRELESS COOKING	8:00 am- 10:00 am	2 hours

### DAY - 2 ( ON-STAGE)

S.NO	NAME	TIMINGS	DURATION
1	SOLO INSTRUMENTAL	9:00 am-9:40 am	40 mins
2	SOLO SINGING	9:45am - 10:35 am	40 mins
3	BLOCK & TACKLE	10:40 am- 11:25am	45 mins
4	CHANNEL SURFING	11:30 am- 12:15pm	45 mins
5	SHORT FLIM SCREENGING	12:20 pm- 1:00 pm	40 mins
LUNCH BREAK			
6	DANCE FACE OFF	1:30 pm - 2:30 pm	60 mins
7	ONE MINUTE TO FAME	2:35 pm- 3:35 pm	60 mins
8	GROUP DANCE	3:35pm - 4:35 pm	60 mins

### DAY - 2 ( OFF-STAGE)

S.NO	NAME	TIMINGS	DURATION
1	FACE PAINTING	8:00am -9:00 am	60 mins

  
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